Movement Mondays:
Take Time and Read

Some days it is great to take time to create moments with your family and friends. Reading is always a good way to spend more time with your family. Reading a book sparks your imagination and can open new doors to different worlds.

Take time to read your favorite book with a parent or guardian.

Instructions

**Step 1:** Ask a parent or guardian if they are available to read with you in a quiet place outside.

**Step 2:** Grab your favorite book head outside with a parent or guardian. Find a comfortable shady spot to read.

**Step 3:** Once you and your guardian are able to find a spot together start reading. After reading, talk about what you just read, discuss the book and ask any questions you may have.

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QUESTIONS? EMAIL EDUCATION@OGDENMUSEUM.ORG.