



Movement Monday **Capture Your Dance Moves**



Richard Avedon, *Carol Burnett*, Print, 1972

Photos can capture just about anything like a person dancing, singing, running, or even an animal grazing. Dance comes in many forms and can be categorized as ballet, ballroom, folk dance, Irish dancing, tap, jazz, hip hop, contemporary, modern dance, and swing.

Capture your greatest dance moves through photography in this Movement Monday.

Instructions

Step 1: Think of the many forms of dance. What type of dance would you like to showcase? Which dance move is your favorite? Find an open area to move around in or with the permission of a parent or guardian go outside in your backyard.

Step 2: Once you have found a good spot to dance, look around to find the perfect background for your dance move.

Step 3: After finding the perfect background and area to dance, have your parent or guardian help by taking a picture of you while hitting your famous dance move! It could be you jumping in the air doing a toe touch, or even the robot.

Step 4: Take as many photos as you need until you find the right one that shows your talent and most of all have fun!

Vocabulary

Dance is a performing art form that consists of a sequence of movements. Dance moves can be improvised or specifically chosen.

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QUESTIONS? EMAIL
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