



OGDEN MUSEUM
OF SOUTHERN ART

Movement Mondays: Exploring the Sounds of Nature



John Taylor, *Green Frogs*, Digital Print, 2019

The ability to hear is one of the five senses of the body. Using our ears, we have the ability to listen to music or communicate with others. Many things in nature use sounds to communicate, such as a birdcall or dog bark. Other sounds occur due to movement, such as the sound of a waterfall or the sound of a hummingbird's wings.

In this Movement Monday Activity, recreate sounds found in nature.

Instructions

Step 1: With the help of a parent or guardian, take a walk around your neighborhood. What sounds do you hear? What sounds are loud and what sounds are quiet? What sounds occur in nature and what sounds are man-made?

Step 2: Once you return home, think of three sounds that stood out to you. See if you can recreate the sounds yourself. Was the sound high-pitched or a lower tone? Did it have a rhythm? For example, if you move your feet quickly, does it sound like rain falling on the roof, or would clapping your hands sound more like rain? Can you whistle like a bird?

Step 3: Once you have recreated the sounds of your choice, perform your sounds to your friends and family. Can they guess what sound you are imitating?

Step 4: Have your friends and family recreate sounds of their own and see if you can guess them!

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