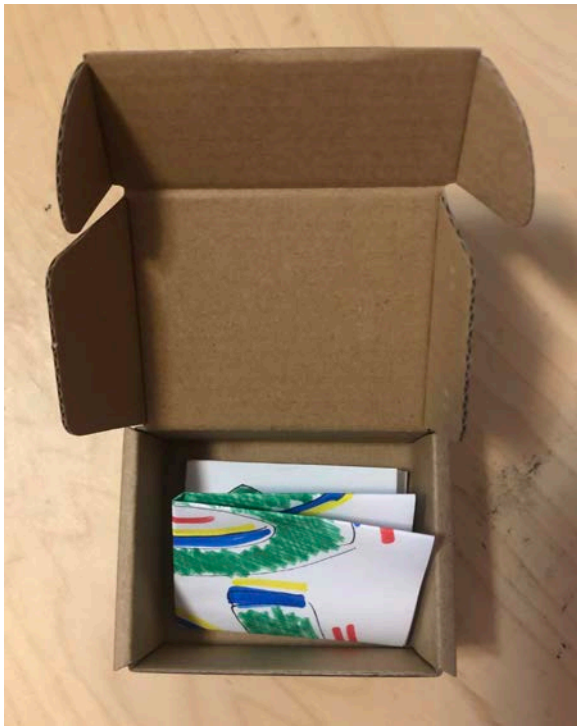




OGDEN MUSEUM  
OF SOUTHERN ART

## Movement Mondays: 2020 Time Capsule



**Create a 2020 time capsule and write a message to your future self.**

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**QUESTIONS? EMAIL [EDUCATION@OGDENMUSEUM.ORG](mailto:EDUCATION@OGDENMUSEUM.ORG).**

### Supplies

Paper, Pencil, Container

### Instructions

**Step 1:** Reflect on this past year. You lived through a historic event. 2020 will be a year that holds importance in history. Time capsules can be a way to connect to future generations or reconnect with your past self.

**Step 2:** Decide who you want to address your time capsule message to. Do you want to send a message to your future self or other people in the future?

**Step 3:** Think about what you want to write. What will you tell those in the future about this historic year? What do you want to remember about this time in your life?

**Step 4:** Use a pencil to write a message to your future self or to people in the future. Decorate your message with drawings.

**Step 5 (Optional):** Collect additional objects to include in your time capsule. Maybe include a photo of yourself, your family or any other objects that hold significance to you at this time.

**Step 6:** When you have everything you want to include in your time capsule, ask a parent or guardian to help you find the perfect container for your time capsule. Be sure the container is made of something that is durable and waterproof.

**Step 7 (Optional):** Decorate your time capsule container.

**Step 8:** With the help of a parent or guardian bury your time capsule in your backyard. If you're not able to do this, ask your parent or guardian to help you find a safe place to keep your time capsule until next year.

