

Movement Mondays:Holiday Postcard



Share some holiday cheer this season by sending a postcard to your loved ones.

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Supplies

Paper, Pencil

Instructions

Step 1: Search your home for materials to use for your postcard or letter. In addition to paper and a pencil, look for materials you can collage or color with. Be sure to ask a parent or guardian's permission to use the materials you collect.

Step 2: Decide who you want to write your postcard or letter to. Will you write to a friend, relative or someone else that's special to you?

Step 3: Think about what you want to write. Do you want to send them a holiday message or talk to them about something else?

Step 4: Use the materials you found to decorate your card or letter. What will you draw or collage? Maybe the person's favorite thing or your favorite memory you shared with them?

Step 5: When you are happy with your postcard or letter, ask a parent or guardian to help you mail it to the person you chose.

Dear Friend,

I miss you. I hope you

are doing well. I hope
that we are able to see
each other soon! Take care!

Happy Holidays,
Your Friend

Friend 1234 Street New Orleans, LA

